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Where Do Your Health Insurance Dollars Go?

According to data from four major insurers analyzed by the Health Care Cost Institute, the average American with employer-sponsored insurance spent \$5,407 on health care in 2016. In the chart below, this spending is divided into the claims categories used by insurers to track spending.

Average spending per person, based on employer-sponsored insurance claims



Source: Health Care Cost Institute, "2016 Health Care Cost and Utilization Report"

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